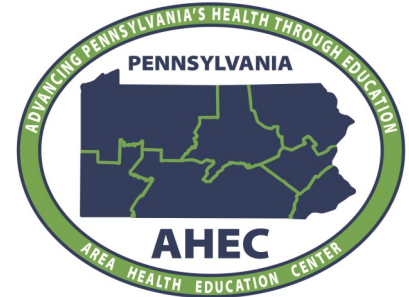




PA AHEC SCHOLARS PROGRAM

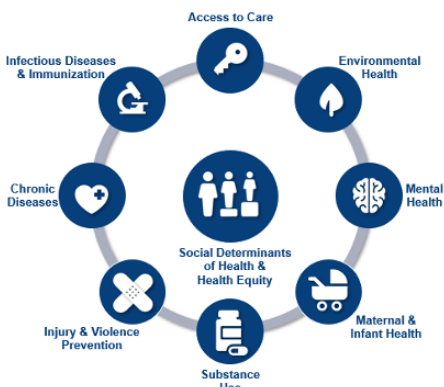
FOOD INSECURITY TRACK



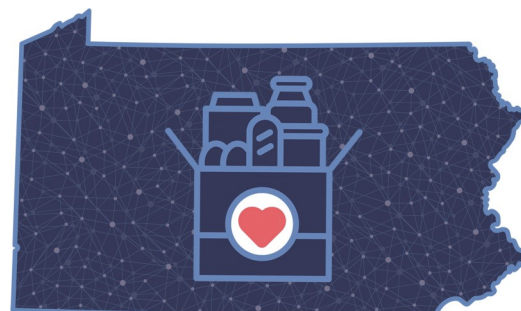
The Food Insecurity track will explore limited or uncertain access to food as a critical health issue impacting communities in Pennsylvania. Scholars will be introduced to the Pennsylvania State Health Assessment including the national *5 A Day for Better Health* program to evaluate barriers and challenges in meeting this goal. Scholars will review the impact of access to nutritious foods and the connection to holistic health. Scholars will explore current interventions to address food insecurity including national programs, community organizations, research, and advocacy.

OBJECTIVES

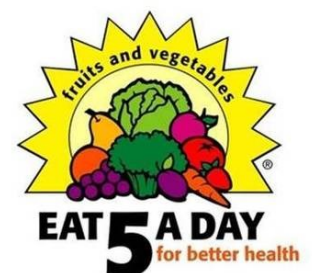
- Describe the difference between food insecurity and food deserts
- Explore food insecurity and food deserts impacting health and well-being such as health status, developmental risk, mental health and behavioral health problems, and poor educational outcomes
- Identify a challenge or barrier that impacts a population facing food insecurity and develop a project to address the need or raise awareness



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