



# PA AHEC SCHOLARS PROGRAM

## HEALTH IN SCHOOL TRACK



What helps a child thrive in school? The Health in School Track will focus on the health and wellness of school-aged children and how schools can impact the mental, physical, emotional and academic health of children. Scholars in this track will utilize assessment tools to understand the many factors that contribute to health and wellness. Scholars will undertake an assessment of one of these factors at a school in an underserved community in their region and will partner with a school to identify and/or implement a program within their area of interest that impacts one of the identified needs.

### OBJECTIVES

- Recognize the factors that affect children's access to health in schools and how that affects their physical, mental, emotional and developmental wellness
- Use the CDC Whole School, Whole Community, Whole Child model as an example to complete an assessment of one component with your chosen school
- Identify and implement a program to meet an identified need at the school



[www.cdc.gov](http://www.cdc.gov)

**BECOME PART OF A NATIONALLY RECOGNIZED NETWORK OF AHEC SCHOLARS**

[www.PAAHECSCHOLARS.org](http://www.PAAHECSCHOLARS.org)